



Parkland Village PRESENTS:

OUR **LIVE MUSIC** LAUNCH PARTY!!!
FEATURING **SÁOIRSE**



JOIN US at Hyder Park
July 10, 2022
1-3 PM

Masks
Strongly
Advised
but not
required

SNACKS
COOL DRINKS
MEMBERSHIPS AVAILABLE for
Transportation
Light Yard and/or House Tasks
In Parkland Hills & Southeast Heights



Special Appearance by Jacques Dorier

COME TO THE **LAUNCH PARTY!**

Sunday afternoon, July 10, 2022, come join your neighbors in shady **Hyder Park** from 1:00 and 3:00. We will have *LIVE* music, cool drinks and snacks, and Parkland Village membership registration.

Saoirse, New Mexico's renowned Celtic eclectic band, will provide lively music for the gathering. Local singer/songwriter Jacques Dorier, is our featured solo performer, sharing his original music.

This party offers a chance to learn more about our organization, meet new friends, especially the Parkland Village volunteers, as you relax with your friends and family. Our volunteers will explain how the Village helps seniors and persons with disabilities with transportation, light house chores and yard work, friendly visits to reduce social isolation, and assistance with technology. Bring a friend and join this newest "village," only one of over 200 in the country.

While face masks are not required, they are strongly recommended.



Hayder Park. Photo: C. Nartonis

From the President:

After almost five years of organizing, Parkland Village plans to “launch” our full array of services in early August! The idea behind these services is to help our elderly residents and those with disabilities age in place in the neighborhood. Our service area consists primarily of Parkland Hills and Southeast Heights neighborhoods.

Services will include:

- transportation to grocery stores, doctors’ offices, and other venues;
- light chores in and around the home, including help with computers and other electronics;
- and friendly visits.

We are currently holding a membership drive. Only members will receive services. We are also training (orienting) volunteers. It is optional for volunteers to be members. If you are interested in receiving services, providing services, or both, please contact us at info@ParklandVillageABQ

You can also choose to be a member just to support the organization.

Dues are \$150 per year for individuals and \$200 per year for households. Assistance is available for people who can't afford the full dues.

Membership dues will help pay for insurance, the platform that includes our website, development of the website, telephone expenses, accounting software, Zoom, mailing expenses, office supplies, Village literature, events, and more.

We held one volunteer orientation on June 25 and will be holding another orientation on Saturday, July 9, from 2:30 to 4:30 PM. As of this writing, we still have space for the July 9, orientation, which will be held on Zoom. Please contact us soon if you wish to sign up. If you are unable to make the orientation and would still like to volunteer, we will be scheduling further orientations, as needed, during the summer.

Stay safe and healthy,

Rich Weiner, President, Parkland Village

Parkland Village Board of Directors and Key Volunteers

Rich Weiner, President
Mara Hoffman, Vice President
Kim Seidler, Secretary
Candy Nartonis, Treasurer
Eva Ceskava, Member of Board of Directors
Karen LaVine, Volunteer Service Coordinator
Kate Matthews, Parkland Village Calendar Designer
Vicki Rohrmann, Grant Writer
Carla Hendrix, Web Pages Manager

For more information about Parkland Village, read further and visit our website at www.parklandvillageabq.org.



If you wish to **help with the organizational aspects of the Village, we could use your help.**

Volunteer Opportunities:

- **Volunteer Coordination Committee:** This committee trains new volunteers, provides training updates to volunteers as appropriate, helps to match volunteers with members when they request services, and facilitates meetings with volunteers to share experiences and suggest changes. The committee also helps to recruit new volunteers and follows up on requests to volunteer.
- **Membership Services Committee:** This committee arranges home visits and orientations for new members, and handles membership complaints, suggestions, or other issues.
- **Events Committee:** Plans events and programs, whether on Zoom or in person.
- **Resource Evaluation and Coordination Committee:** The committee researches the work of other agencies (City and non-profit), and meets with key people

in those agencies – by Zoom during the pandemic – to create cooperative arrangements and avoid the duplication of services.

- **Other:** Do you have a special set of skills that might be helpful to us? Let us know!

year, so look through your fall and winter images too, and do take photos of the broad expanses and the enticing details of your outdoor spaces that we might not otherwise be able to enjoy. We will not publish addresses, of course.

There are prizes! First prize includes a large printed and framed copy of the photo by The Artistic Image and is honored on the front of the calendar. The rest of the winners may have their photos printed and framed by The Artistic Image at discounted prices. All winners will receive free calendars and note cards and will be invited to exhibit in a show at the Albuquerque Photographers Gallery in Old Town. Photographers will be given full credits in the calendar and note cards -- and in the press!

3RD ANNUAL PHOTO CONTEST



Behind Our Gates

Exploring private outdoor spaces in the Parkland Hills and Southeast Heights Neighborhoods

Submissions accepted May 1 to July 31, 2022

Your photos should be 300 dpi at 11 inches

Submit photos to: PV2022PhotoContest@gmail.com
For contest details visit: www.ParklandVillageABQ.org

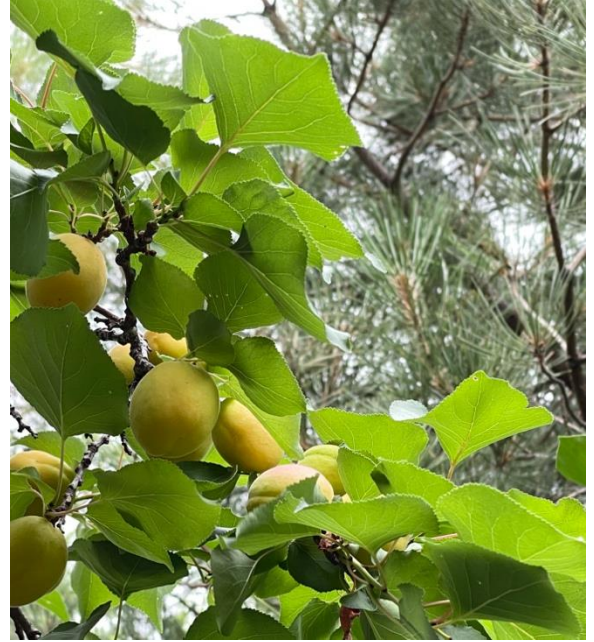
PARKLAND VILLAGE: a local 501 (c) (3) non-profit where Neighbors help Neighbors

Our **3rd Annual Parkland Village Photo Contest** is underway. This year the theme is ***Behind Our Gates: Exploring private outdoor spaces in the Parkland Hills and Southeast Heights Neighborhoods.***

The contest will close at 5:00 PM on July 31. The 12 winning photos will be featured in our 2023 calendar and note cards. We need photos from the entire

- Entry is free.
- There is no limit to the number of submissions by anyone.
- There is a limit of 2 winning photos for each participant.
- Photographers may live anywhere in Albuquerque, but photos must be from either Parkland Hills or Southeast Heights neighborhoods.
- Send jpg images, 11 inches (long side) at 300dpi. If you have trouble setting this up, we can do it for you.
- Square or horizontal images work best for us and will be considered ahead of vertical images.
- Color images are ideal, but we will consider outstanding black and white photos, too.
- When entering, include your name and contact information with each photo.

- Impartial outside jurors will see only the photos and not see contestant names.
- **Enter by submitting photos to PV2022PhotoContest@gmail.com**
- Winners will be notified by email no later than August 15th.
- Submission to the contest implies agreement that the image may be used for notecards and calendars to benefit Parkland Village. The image may also be used for supporting the sales efforts and in the press and other outreach.



• photo: C. Nartonis

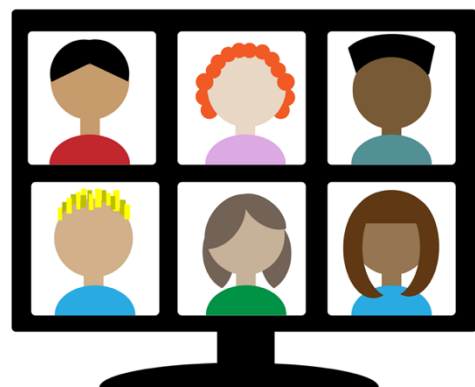
Zoom Forums

Since Parkland Village's last newsletter in April, we held **two Zoom forums**. These forums provide a way for neighbors to get together without doing so in person.

In April our topic was: Positive Mindsets on Aging. The facilitator was Andrew West, Ph.D., a researcher on communications and aging. Andrew is engaging and entertaining and loves to draw people into the discussion. We talked about stereotypes.

Not everyone ages at the same rate, and we can say that there are some things we can't do anymore because of a medical condition, but not just

because we're "old." A particular age is not a disability!



In May, **we held a purely social Zoom forum** in which neighbors got to know one another or know them better. It was a smaller event, but fun.

We don't have any Zoom forums scheduled now. Instead, we have a pre-launch party in Hyder Park on July 10. Depending on how the pandemic goes, we may have in-person events instead of Zoom forums.

If any of you have skills and/or interests that you would like to share in a future Zoom forum, please get in touch with us and let us know.



Online Yoga Classes

The **Villages of Santa Fe**, in collaboration with AARP, has been sponsoring online classes in exercise and gentle yoga. Any of you are welcome to register for, and join these classes. Some classes are free, and some involve a nominal fee. You can get more information about and register for these classes at:

<https://villages.punchpass.com>.



Parkland Village
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